



# 2009 WORKSHOPS

for mental health professionals

with JOANNA COLRAIN

## UNDERSTANDING THE DOUBLE BIND OF BORDERLINE PERSONALITY STRUCTURE

**Friday, April 17, 2009, 9:00 a.m. - 4:30 p.m., 6 hours of CEs, \$95, lunch on your own**

You can enjoy working with clients with borderline structure! This workshop will look at the spectrum of borderline symptoms, how to assess "treatability," how to develop a treatment plan, the relevance of attachment theory, the minimization of power struggles, the importance of relationship, and countertransference and self-care of the therapist. The format will combine didactic, interactive and experiential components, and will offer an opportunity to present some of your most challenging clinical issues.

## LIFE TRANSITIONS OF THE THERAPIST: PERSONAL AND ETHICAL ISSUES

**Saturday, April 18, 2009, 9:30 a.m. – 3:30 p.m., 5 hours of Ethics, \$115, lunch included**

Using discussion and metaphor, we will explore developmental, circumstantial and identity transitions of the therapist, and the impact upon his/her work. This is an **experiential** workshop covering 3 areas: defining the life transition (recognition and intentionality), impact upon the therapeutic relationship, and self-care and boundary issues for the therapist. *This fun workshop has not been offered for 3 years and is back by popular demand!*

## FROM THE PHILOSOPHICAL TO THE PRACTICAL: SEVEN PRINCIPLES OF MINDFUL, COLLABORATIVE THERAPY

**Date to be announced, 9:00 a.m. – 4:30 p.m., 6 hours of CEs, \$105, lunch on your own**

This workshop will present seven principles of mindful, collaborative therapy and their practical applications. The format will include case discussion and role-plays, with particular attention given to challenging cases brought in by participants. This workshop is for any clinician who is providing in-depth psychotherapy.

## SUPERVISING THE THERAPEUTIC IMPASSE: AN ADVANCED ETHICS WORKSHOP FOR SUPERVISORS

**Date to be announced, 10:00 a.m. – 5:30 p.m., 5 hours of Ethics, \$105, lunch on your own**

When is it appropriate for the therapist to recognize that s/he cannot be helpful to the client because of transference/countertransference issues? And when is it resolvable? This workshop will define therapeutic impasses, address relevant transference and countertransference issues, and delineate the differences between addressing an impasse in on-going supervision and in one-time consultation. Includes practice exercises. *This workshop is open to therapists who have been supervising for at least a year.*

**For registration information:**

**[www.joannacolrain.com](http://www.joannacolrain.com) (after March 5)**

**or call 770-220-4059**

**Joanna Colrain, LPC, CGP** has been in practice for 30 years, specializing in treatment of dissociative and attachment [borderline] disorders, clinical supervision, and the ethics of self-care. She was Clinical Supervisor and Trainer for the Survivor Support Program of Prevent Child Abuse Georgia for 13 years. She served as Clinical Director of Metropolitan Counseling Services for its first 5 years. Joanna has authored articles, manuals, and chapters on the treatment of trauma and on supervision. In 1998, she developed a 24-hour course "The Art of Clinical Supervision: Facilitating a Discovery Process."<sup>TM</sup>

She worked with the Center for Torture and Trauma Survivors and continues to provide consultation and volunteer services to agencies serving refugees. Joanna is on the national core facilitator team for MaleSurvivor Weekends of Recovery (malesurvivor.org).

Joanna offers **monthly supervision groups** for *licensed* clinicians who want to deepen their understanding and skills and become more mindful in their work. **At present, there is an opening** in the monthly Friday group (for seasoned therapists who work with dissociative and/or borderline clients, although the group content is NOT limited to those cases). The other groups have a wait list. All of her workshops and supervision groups are designed for experiential learning.

*Application for Continuing Education credit has been made to Licensed Professional Counselors Association and/or Georgia Society for Clinical Social Work. CEs included in workshop fee.*

# **REGISTRATION FORM**

*Download this form & return to the postal address below.*

**SPACE IS LIMITED SO SIGN UP EARLY!!  
Registrations must be received by April 13, 2009**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City / State / Zip: \_\_\_\_\_

Phone – Day: \_\_\_\_\_ Eve: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Degree/Licensure: \_\_\_\_\_ Number of Years of Clinical Practice: \_\_\_\_\_

Brief Description of Current Work Setting \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ALL WORKSHOPS WILL BE HELD AT JOANNA'S OFFICE IN DOWNTOWN DECATUR.

Registration Fee (includes continuing education credits):

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Total amount due = \$ \_\_\_\_\_

\_\_\_\_\_ I have enclosed a check or money order (**payable to Joanna Colrain**) for the total amount.

**Return this completed registration form with check or money order & mail to:**

***Joanna Colrain, LPC  
150 E. Ponce de Leon Ave., Suite 350  
Decatur GA 30030***