

INSURANCE INFORMATION

Managed Care

I am **not** a member of any Managed Care Preferred Provider Panels. If your policy will cover a Licensed Professional Counselor as an “out of network provider” or if your policy will otherwise make an exception to allow reimbursement to me, I am available to work with you to secure third party payment.

I will provide you with a statement that will assist you in making a claim to your insurance company for reimbursement of fees paid.

Check Your Policy For Mental Health Coverage

You can check your coverage by calling your insurance provider and asking the following questions:

- Do I have mental health benefits?
- What is my deductible and has it been met?
(Be sure to check whether your policy has separate or combined deductibles for physical and mental health services.)
- How many sessions does my plan cover for each calendar year?
- If Joanna is not an approved provider for my policy, does my plan cover an out-of-network provider?
- What is my coverage per therapy session?
- Is pre-authorization required or is approval required from my primary care physician?

Reduced Fee

I maintain a limited number of reduced fee slots for clients who do not have coverage for third party reimbursement and who cannot otherwise afford to self-pay for therapy sessions. Requests for reduced fee should be discussed directly with Joanna.